



ASIAN COMMUNITY GAMES
Diversity in Action!

Asian Community Games 2010
Swimming Meet
June 26, 2010
Tait McKenzie Pool, York University

Type of Meet: No Qualifying time standards

Location: York University – Tait McKenzie Pool
4700 Keele Street, Toronto

Facility: 6 Lanes, 25 meter competition pool with viewing gallery

Warm Up: Session # 1 Saturday AM: 8:00 AM warm up
9:00 AM start

Session # 2 Saturday PM: 1:00 PM warm up
2:00 PM start

NOTE: Each session will have the exact same order of events.

Session determination will be based on the final number of swimmers.

Sessions: Sessions are estimated to last 3.5 hours
No session shall last longer than 4 hours

Entry Fees: 1 event for \$10, 2 events for \$15, 3 events for \$20, 4 events for \$25.
Please do the payment online.

Deck Entries: Deck entries are at the discretion of the clerk of course and only into existing heats.
No new heats will be created. Deck Entries will charge \$ 10 per event.

Entry: Please submit all entries via www.acgames.ca

Deadlines: The deadline for entries is June 12, 2010.

Scratches: There is no refund for scratches.
If there are any scratches, please notify the Meet Manager.

Competition: All ages will swim together separated by gender with final results separated by the following age groups:

- 10 & under
- 11 – 12
- 13-14
- 15-16
- 17 & over

All events are Timed Finals.

Swimmers can swim a maximum of 4 events.

- Seeding:** Seeding will be from slowest to fastest.
- Awards:** Awards will be distributed for the age groups 10 & under, 11-12, 13-14, 15-16 and 17 & Over
Medals from 1st to 3rd
- Disclaimer:** We are not responsible for the supervision of athletes during competitions and especially during breaks. No spectators allowed on pool deck.
- Results:** Officials Results will be posted at www.acgames.ca
- Meet Manager: Charlotte Carroll**
Phone: 416 606 3747
Email: charlottecarroll1@gmail.com
- Entries Contact: Charlotte Carroll**
Phone: 416 606 3747
E-mail: charlottecarroll1@gmail.com
- Meet Referee: Y.Y. Wong**
- Officials:** Anyone wishing to assist with officiating please send names and positions to Y.Y. Wong at yywong@rogers.com
All help will be greatly appreciated. We invite all officials to check in at the officials lounge prior to the start of the meet.

Order of Events

Girls	Event	Boys
1	50 Breast stroke	2
3	25 Back stroke	4
5	50 Freestyle	6
7	25 Breast stroke	8
9	50 Butterfly	10
11	25 Free style	12
13	50 Back stroke	14
15	25 Butterfly	16

RISK MANAGEMENT / WARM-UP PROCEDURES 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- **Swimmers shall enter the water FEET FIRST in a cautious manner.**
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

SPECIFIC/SPRINT WARM-UP PERIOD:

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices:
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved
July 6, 2005

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned Under the authority of Swimming Canada must confirm to the January 1, 2020 FINA swimwear approval guidelines as listed below.

MATERIAL – the material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

SHAPE – MEN: swimwear shall not extend above the navel or below the knee. WOMEN: swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

USE – Swimmers shall wear only one swimsuit, taping is not permitted.

CONSISTENCY – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.

York University Map: York University Map can be viewed or printed from:

<http://www.yorku.ca/yorkweb/maps/keele.htm>

Pool Location: The Tait McKenzie Pool is in the Tait McKenzie Building (Number 4 on map)

Directions: Enter York University using the ‘Northwest Gate’ -- this entrance is south off of Steeles Ave. (east of Jane Street and west of Keele Street). The Tait McKenzie Building is directly in front of you, as you enter via the Northwest Gate. The entrance to the Tait McKenzie Building is on the south side of the building, near parking lot 79.

Parking : There is limited parking available very close to the Tait McKenzie building in parking lot 79 and much more parking a short walk away in lot 64. You will be responsible for paying York University for parking in these lots.